

9. Never keep secrets about touching, safe or unsafe.

- Run and tell someone.
- Keep telling until someone believes you.



10. Say NO to unsafe touches like you really mean it!

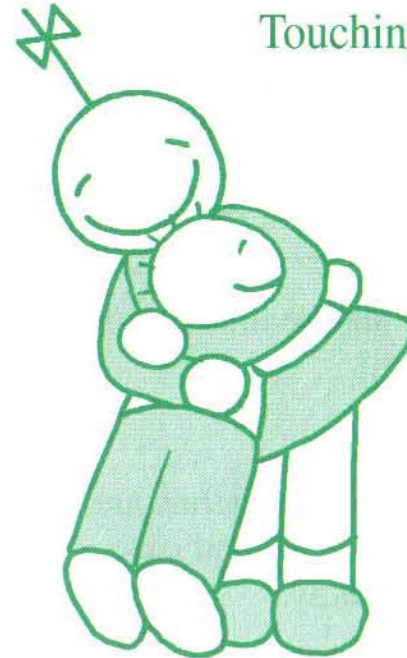
- Stand tall.
- Look the person straight in the eyes.
- Keep saying NO until the person stops.
- Say NO like you really mean it. Don't giggle or laugh.
- Get away fast!
- Tell a trusted adult right away.



11. Anytime you are not sure if a touch is safe or unsafe, tell the person to stop. Talk to a trusted adult about it right away.

# ALL ABOUT

Teaching Kids  
Safety Rules  
About  
Touching



# TOUCHING

# All About Touching

1. Some touches are okay. These touches are **safe**.  
Some touches are not okay. These touches are **unsafe**.

Touches are safe when they are done with love and care...

- head pat
- hug
- taking out a splinter

... even though the touches may sometimes hurt, these touches are okay.



2. Some touches are unsafe, like...
- hitting
  - hair pulling

... because these touches are not done with love and care, they are not okay.



3. There is another kind of unsafe touch that is not okay. It is never okay for adults or older kids to touch your private body areas - except to keep you healthy and clean.

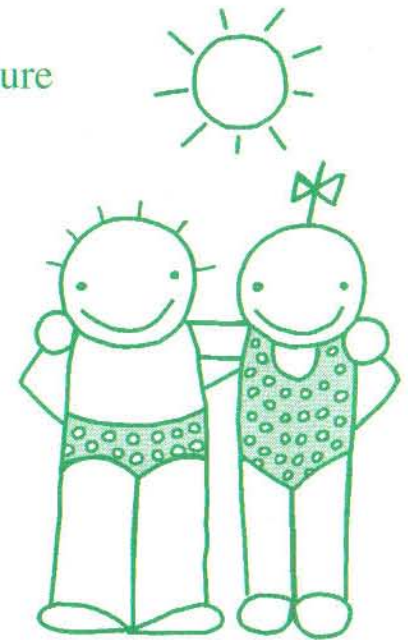
4. Private body parts are special areas covered by your bathing suit.

5. When your Mom or Dad is with you during an exam or check up, the doctor may need to touch your private body parts...

- to give you a shot
- to take your temperature

This is okay.

6. Mom, Dad, or a babysitter may need to touch your body parts when they help you take a bath or get cleaned up. This is okay.



7. Babies need a lot of help to keep their body parts clean.

8. The only two times it is okay for an adult to touch your private body parts are...

- to keep you clean
- to keep you healthy

